



TODAY'S VIDEO:

youtu.be/7Yp0GmFiooY

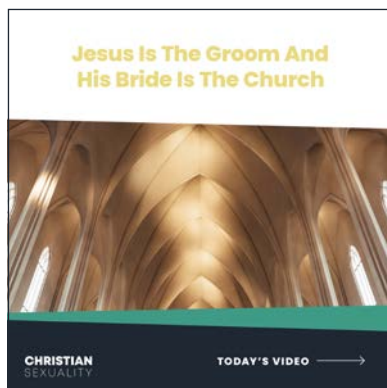


Day 1 | God Created Sex

God created sex! His first command to Adam and Eve in Genesis 1:28 is, “Be fruitful and multiply.” Sex is for pleasure and procreation, and it has the ability to bond two people together. Bonding with another person during sex is both Biblical and scientific—it’s the way God created sex to work.

ENGAGE:

Have you thought about the fact that sex bonds you to another person in body, spirit, and mind? How might this challenge or reinforce the way you think about sex?



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youtu.be/c3E2mDQ069Y



Day 2 | Jesus Is The Groom And His Bride Is The Church

Marriage reflects the truest reality that Jesus is the groom and his bride is the Church. Marriage is a reflection of the relationship God has with us. But at the same time, marriage should not be our end goal for fulfillment. We should focus on our eternal relationship with Christ because that is the only relationship that can truly fulfill us.

ENGAGE:

Does this view of marriage challenge your previous understanding? Why or why not?

How might your relationship with Jesus help you be a better friend, sibling, and child?



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youtu.be/MJRn4bgfeJk



Day 3 | Healthy Relationships Take Work

Healthy relationships and healthy marriages take a lot of work and self-reflection. Building a healthy marriage is possible, but only with daily self-sacrifice and a consistent, faithful commitment to each other and to God. If you assume that marriage will solve your problems in life and your struggles with sexual temptation, you’re set up for disappointment.

ENGAGE:

When you think about marriage, do you imagine it being easy or difficult? Why?

What assumptions have you made about marriage that may need to be reevaluated?