

12 Following Jesus in This Sexualized Age

PARENT GUIDE

BIG IDEA:

For Christians, conversations about sex ultimately have much more to do with Jesus than they do with sex. Joyfully surrendering ourselves to Jesus and his rule over our lives is a fundamental prerequisite for living a life of sexual integrity.

5 Minute Check-In with Yourself and/or Your Spouse:

1. Name one or two things you've taken from this series that will help in your conversations about sex, sexuality, and gender long into the future?
 2. What would it look like in five years to say that your family has flourished in these conversations? Is your answer now any different from the answer you gave earlier in the series? If so, how and why?
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5 Minute Check-In with Your Child:

1. What stood out to you in this week's teaching and/or small group time?
2. What can I do as a parent to help you live a life of sexual integrity?
3. What does it look like for you to faithfully follow Jesus while in high school?
4. How does this impact the choices you make about sex and sexuality?

Tips for Further Conversation:

Our hope is that this series will help foster good conversations about sex, sexuality, and gender. For some of you, your conversation with your child might have been limited. For others, maybe little or no conversation occurred. Whatever the outcome, please don't be discouraged. We're all on a journey, and it's never too late to engage your kids with meaningful conversations.

Trust what you've learned. Apply it to your family. Pray for ways these truths can manifest themselves in your teen's daily life.

Here are some thoughts to help you continue pressing into this conversation:

Pray for your child daily.

The most important and vital tool you have at your disposal as a parent is prayer. Use it daily and trust God to do a mighty work in your teen's life. Even when things might not go the way you hope, it is still important to pray.

Don't forget: it is about several talks—not just one.

Wouldn't be nice if you were the first and last place your teen went when it came to learn about sex and sexuality? It's possible. But it requires a willingness to engage and talk about serious and difficult topics like the ones discussed in this series. The more you show that you're willing to enter in, be honest, and say when you don't know something, the more your teen will come to you with questions.

Continue to take this step by step.

Please remember this is a lifelong journey. It doesn't all come together at once. These questions and conversations will evolve over time and look different from one home to the next.

Additional Resources:

TOOL: Weekly devotional

